

Physical Education

Intent

The curriculum intent for physical education is firmly rooted in our school desire to give all children strong foundations from which they may become **successful, independent learners for life** and is centred around our school values of **independence, co-operation, respect, responsibility, resilience and ambition**.

PE plays an important part in the life of Parklands Community Primary School and inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. Our intention is to enable our children to develop skills, knowledge and vocabulary in a wide range of sports, as well as develop their team skills. At Parklands, we provide pupils with the opportunity to be FIT:

F = Find - Provide our pupils with opportunities to explore and become confident in a wide variety of different sports and physical activities

I = Impact - Help pupils develop their interest and enjoyment in physical activity, thus helping them to lead healthy active lives.

T = Transferable - Through participation, help our pupils to learn more about transferrable key values such as teamwork, fair play and respect for themselves and others.

The end points are defined in the National Curriculum at the end of KS1 and end of KS2. At Parklands, we have adopted 'The PE Hub' programme which defines the end points for each year group to aid the assessment process and ensure knowledge and skills develop well, in sequence within units of work and over time.

Implementation

- A minimum of two hours of PE time every week for each class.
- A wide variety of sporting activities within our PE sessions, with a new sporting activity every half term.
- Fitness Friday sessions at least once every calendar month.
- Swimming sessions for Year 3, 4 and 5 – including additional swimming sessions for those pupils that require it.
- Pupils are provided with the opportunity to represent the school against other schools.
- Sport professionals such as Cheshire Phoenix and Chester FC visit the school in order to promote a healthy lifestyle.
- Intra friendly competitions are held within the school during dinner break times.
- School captains are given the responsibility to promote sports during break times.
- A wide variety of school sports clubs are held during the year.

Impact

By the time our pupils leave Parklands, they

- Have taken part in a range of inter- and intra-school competitions and many of whom have enjoyed the success of competitive sports.
- Seek to engage in extra-curricular activities both in school and external to school.
- Demonstrate their enjoyment for the subject.
- Can articulate their knowledge and understanding of the different types of sport that have been taught.
- Have experienced outdoor adventurous activity
- Take responsibility for their own health and fitness and recognise the impact that this has on their future.
- Can analyse performance and identify strengths and areas for improvement.
- Achieve age related expectations
- Are ready to continue their journey of physical education in key stage 3.