

## Personal, Social, Health and Economic Education (PSHE) Relationship and Health Education (RHE) & Social Moral Spiritual Cultural (SMSC) Curriculum Overview Whole School



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Value	Independence	Co-operation	Respect	Responsibility	Resilience	Ambition
British Value Link	Democracy	The Rule of Law Mutual Respect	Mutual Respect Tolerance The Rule of Law	Individual liberty	Mutual Respect	Individual Liberty The Rule of Law
Focus	Health and Wellbeing	Relationships	Living in the Wider World	Health and Well-being	Relationships	Living in the Wider World
EYFS	Developing Skills (All About Me - LTP Overview)	Sharing Christmas - RE	Life Contribution (LTP Overview - Heroes) Rule of Law	Caring for Others CWP Family & Friendship	<b>CWP</b> Family & Friendship	Co-operative Skills (LTP Overview - Adventures) Different occupations & ways of life
	<b>No Outsiders</b> Choosing what I like You Choose by Nick Sharrat and Pippa Goodheart	No Outsiders To celebrate my family Mommy, Mama and Me by Leslea Newman, Carol Thompson	No Outsiders All families are different The Family Book by Todd Parr	No Outsiders It's okay to like different things Red Rockets & Rainbow Jelly by Sue Heap and Nick Sharrat	No Outsiders To make a new friend Blue Chameloeon by Emily Gravett	No Outsiders To say hello Hello Hello by Brendan Wenzel
Year 1	Awareness of feelings Communication How to communicate a range of emotions in different ways	Who are our friends? -Explore the meaning of trust and how it can positively or negatively affect friendships.	Cyber Safety Internet safety rules, agreeing to use these and to respect others	First Aid Getting Help CWP Medicines & People Who Help	<b>CWP</b> Growing & Caring for Ourselves	Recognising Mine and Others' Strengths
	<b>No Outsiders</b> I like the way I am Elmer by David Mckee	No Outsiders To join in Going to the Volcano by Andy Stanton	No Outsiders I share the world with lots of people My World your World by Melanie Walsh	<b>No Outsiders</b> To work together <i>Errol's Garden</i> <i>by Gillian Hibbs</i>	No Outsiders To find ways to play together Want to play Trucks?	<b>No Outsiders</b> Proud to me Hair, It's a Family Affair by Mylo Freeman

					by Ann Stott and Bob Graham	
Year 2	Fight or Flight The range of normal emotions that we may feel	Coping with Conflict -A problem shared is a problem halved  Tolerance of those of different faiths and beliefs Jewish Workshop	Cyber Safety Internet safety rules, agreeing to use these and to respect others	<b>First Aid</b> Getting Help <b>CWP</b> Keeping Safe	<b>CWP</b> Differences	Jobs help people earn money -different jobs in the community and why people do them
	<b>No Outsiders</b> To have self-confidence <i>How To Be a Lion</i> <i>by Ed Vere</i>	No Outsiders To think about what makes a good friend Amazing by Steve Antony	No Outsiders To understand what diversity is The Great Big book of Families by Mary Hoffman and Ros Asquith	No Outsiders To welcome different people Can I Join Your Club? by John Kelly and Steph Laberis	No Outsiders To know I belong All are Welcome by Alexandra Penfold and Suzanne Kaufman	No Outsiders To communicate in different ways What the Jackdaw Saw by Julia Donaldson and Nick Sharrat
Year 3	Forest Survival Different feelings and how to cope What stress is, what might cause it and how it can damage health	Looking After Each Other -Helping others to get help	Relationships With Others The characteristics of a good relationship and how to apply these to online	First Aid Bites & Stings CWP Keeping Safe Smoking	<b>CWP</b> Valuing Difference &	Range of jobs and careers -set goals to achieve
	No Outsiders To be welcoming Beegu by Alexis Deacon	No Outsiders To understand what a bystander is We're All Wonders by R.J Palacio	No Outsiders To understand what discrimination means This is Our House by Michael Rosen	No Outsiders To recognise and help an outsider The Hueys in the New Jumper by Oliver Jeffers	No Outsiders To recognise a stereotype The Truth About Old People by ELina Ellis	No Outsiders To consider living in Britain today Planet Omar: Accidental Trouble Magnet by Zanib Mian
Year 4	Sleep How this is important for resting the brain and for maintaining their physical and mental well-being	Problem Solving & Resourcefulness - Looking at who they should respect in society & in their families & why  Tolerance of those of different faiths and beliefs Jewish Workshop	Respectful Relationships How self-respect guides us to treat others with respect, including if this is contact made anonymously and in all forms of relationships, whether face to face or online.	First Aid Asthma CWP Alcohol Science Teeth, eating & digestion	<b>CWP</b> Growing Up	Stereotypes in the workplace -influences on career choices
	<b>No Outsiders</b> To help someone accept difference <i>Along A Different</i> <i>by Tom McLaughlin</i>	No Outsiders To find common ground Aalfred and Aalbert by Morag Hood	No Outsiders To be proud of who I am Red: A Crayon's Story by Michael Hall	No Outsiders To choose when to be assertive Dogs Don't Do Ballet	No Outsiders To look after my mental health When Sadness Comes to Call	No Outsiders To show acceptance Julian is a Mermaid by Jessica Love

				by Anna Kemp and Sarah Oglivie	by Eva Elamd	
Year 5	Body Language & Communication There are various ways of communicating feelings & emotions to send messages to others	Communicating Effectively - When to seek help if they or someone else feels afraid or unsafe	Safety Central Visit  Communicating Effectively How online relationships may want them to buy, do or 'post' something that is not genuine or safe	First Aid Bleeding CWP Legal & Illegal Drugs	<b>CWP</b> Puberty	Not being limited by stereotypes -identify jobs they might like
	No Outsiders To justify my actions Rose Blanche by Ian McEwan and Roberto Innocenti	No Outsiders To exchange dialogue and express an opinion And Tango Makes Three by Justin Richardson and Peter Parnell	No Outsiders To consider responses to racist behaviour Mixed by Arree Chung	No Outsiders To recognise when someone needs help How To Heal a Broken Wing by Bob Graham	No Outsiders To explore friendship The Girls by Lauren Lee and Jenny Lovlie	No Outsiders To consider consequences Kenny Lives With Erica and Martina by Olly Pike
Year 6	Mental & Physical Health How positive friendships & being involved in activities such as sports clubs & community groups support wellbeing	Dealing With Adversity how to deal with situations that could pose long- lasting issues in friendships	Rule of Law What to do in a scenario where threatening digital messages are being sent to them	First Aid Choking & Basic Life Support CWP Preventing Early Use	CWP Puberty, Relationships & Reproduction	Stereotypes in the workplace -routes into careers: college, apprenticeship, university
	No Outsiders To justify actions Rose Blanche by Ian McEwan	No Outsiders To consider language and freedom of speech The Only Way is Badger by Stella J. Jones & Carmen Saldana	No Outsiders To consider responses to immigration King of the Sky by Nicola Davis	<b>No Outsiders</b> To consider causes of racism The Island by Armin Greder	No Outsiders To show acceptance Introducing Teddy By Jessica Walton & Dougal MacPherson	No Outsiders To consider democracy A Day in the Life of Marlon Bundo by Marlon Bundo & Jill Twiss
Whole School	Democracy School Parliament Elections (KS1&2) Class Charter (All) Rule of Law Halloween visit from police Mutual Respect Black History Month	Tolerance of those of different faiths and beliefs Jewish Visit Assembly (KS2) Rule of Law Bonfire Night visit from fire service National Anti-bullying Week Anti-bullying Alliance Individual liberty Remembrance	Children's Mental Health Week National Internet Safety Day		NSPCC Consent for Kids	Democracy Voting the dinner menu Tolerance of those of different faiths and beliefs Sikh Visit Assembly (KS2) Enterprise Week Rule of Law Railway Safety Mutual Respect Paralympic Sports Primary Futures